

WELCOME BACK GUIDE



↑ Cut out Pledge card



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WELCOME BACK

The last few months have been difficult for us all. Some of us have experienced huge tragedy, some have struggled with the loneliness and isolation that lockdown has brought. All of us have experienced some form of stress and strain in our attempts to keep our family, friends and neighbours safe.

While we have been at home the natural environment and its wonderful wildlife have had a well deserved break. We have seen many more nesting birds, many paths have had little or no traffic, and the huge litter problems often experienced on our mountains have all but disappeared.

As we prepare to welcome you back to Snowdonia, and some of you for the first time, we hope that you will find this guide useful and pledge to work with us to keep our communities safe and thriving, and the exceptional landscape as you found it.



I PLEDGE TO BE KIND BY...

- Maintaining social distancing (2meters) and following good hand hygiene practices.
- Delay my visit if I or anyone in my household feels unwell or are displaying any symptoms associated with Coronavirus.
- Park considerately in designated open car parks and never on verges, in passing places or across gates and driveways.
- Take notice of all signage and follow any instructions.
- Being considerate to other visitors and the people who live and work here.
- Respecting local communities, our language, culture and heritage.

I PLEDGE TO DISCOVER THE AUTHENTIC BY...

- Avoiding busy and crowded areas and finding somewhere quieter if it looks too busy.
- Taking time to discover the lesser known gems of Snowdonia.
- Learning some Welsh phrases and the meanings behind Welsh place names.
- Treating myself to some local produce.

I PLEDGE TO TREAD LIGHTLY BY...

- Leaving the landscape as I find it by taking my litter and organic waste home.
- Not lighting fires, including BBQs.
- Not disturbing wildlife by keeping to footpaths.
- Keeping my dog on a lead at all times, clearing up poop and disposing of it responsibly.
- Not wild camping in either tents or campervans – using designated campsites when opened.





Eryri (Snowdonia) boasts a diverse landscape of stunning coastline and mountains which provide extensive opportunities for recreation, leisure and learning for people of all ages and abilities all year around. With an abundance of public footpaths, native woodlands, river valleys, lakeside walks, tranquillity and solitude can easily be discovered by those who wish to improve their health and well-being.

But first and foremost Snowdonia is a National Park. This means that it is a highly protected, sensitive and special place. Please remember this when you visit. Tread lightly and help us look after this incredible place.

PLAN YOUR TRIP

Snowdonia is best discovered over at least a few days. You will have an attraction, location or activity in mind when you visit. To avoid disappointment, before you come here make sure that this is going to be possible. It is important that you plan an alternative, so that if your destination is busy or closed you won't have a wasted journey.



BE SAFE IN THE OUTDOORS

BEFORE YOU SET OFF ASK YOURSELF 3 QUESTIONS...

DO I HAVE THE RIGHT GEAR?

DO I KNOW WHAT THE WEATHER WILL BE LIKE?

AM I CONFIDENT I HAVE THE SKILLS AND KNOWLEDGE FOR THE DAY?



PLAN YOUR ROUTE



CHECK THE WEATHER



SUITABLE CLOTHING & EQUIPMENT



CARRY FOOD AND DRINK TO STAY
HYDRATED AND ENERGISED



CARRY A PAPER MAP & COMPASS

BE RESPONSIBLE AROUND WATER: WWW.RLSS.ORG.UK/SUMMER-WATER-SAFETY

FOR FURTHER INFORMATION ON BEING ADVENTURE SMART SEE: WWW.ADVENTURESMAINT.UK/

KEEP TO YOUR PLEDGES TO BE KIND, DISCOVER THE
AUTHENTIC AND TO TREAD LIGHTLY.

FREQUENTLY ASKED QUESTIONS -



1. WHICH PATHS ARE CURRENTLY CLOSED?

Some paths and mountains may still be closed.

More information can be found here:

www.snowdonia.gov.wales/authority/coronavirus/routes-closed



2. WILL PUBLIC TOILETS BE OPEN?

Some public toilets may still be closed,

more information can be found here:

www.gwynedd.llyw.cymru/en/Residents/Leisure-parks-and-events/Toilets/Publictoilets.aspx

www.conwy.gov.uk/en/Resident/Leisure-sport-and-health/Community-Facilities/Public-Toilets/Public-Toilets.aspx



3. CAN I USE PUBLIC TRANSPORT TO GET TO MY DESTINATION?

Public transport time tables can be found here - bus services are currently operating on reduced services while carrying out risk reducing measures

www.traveline.cymru/



4. WHICH BEACHES CAN I LET MY DOG OFF A LEAD?

www.gwynedd.llyw.cymru/en/Residents/Documents-Residents/Leisure-parks-events/Maritime/Gwynedd-beach-maps.pdf



FREQUENTLY ASKED QUESTIONS -



5. ARE THERE ANY WALKS WHERE MY DOG CAN BE OFF THE LEAD?

Dogs must be kept under close control. To keep livestock and wildlife safe we ask that you keep your dog on a lead at all times to give yourself peace of mind.



6. WHERE CAN I GET ADVICE, AND MORE INFORMATION ON ALTERNATIVE DESTINATIONS / ACTIVITIES?

Aberdyfi Visitor Centre: 01654 767321

Beddgelert Visitor Centre: 01766 890615

Betws-y-Coed Visitor Centre: 01690 710426

Snowdonia National Park Authority Website:
www.snowdonia.gov.wales/home

Eryri Mountains and Coast Website:
www.visitsnowdonia.info/about-snowdonia



7. WHERE CAN I FIND A GOOD WEATHER FORECAST?

www.metoffice.gov.uk/weather/specialist-forecasts/mountain/snowdonlive



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DID YOU KNOW?

Welsh is one of the oldest spoken languages in Europe. It is the primary every day language of 58% of Snowdonia's population, and is used by many as they go about their daily lives. Learning a few words to use on your visit will go a long way in supporting this ancient and much loved language.

Here are some common phrases you can use when you visit.

Diolch	[dee-ol-ch]	Thank you
Bore da	[borr-eh da]	Good morning
Nos da	[noss dah]	Good night
Ble mae...	[bleh my]	Where is

There are also many apps that can help you learn Welsh



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HISTORIC PLACE NAMES

Welsh historic place names capture the spirit of places, spark the imagination and sometimes vividly conjure everyday life, the struggles, battles and glories of times gone by. Taking the time to understand the meaning of commonly used names will help give you a sense of place both before and during your visit.

Aber – River mouth – this is usually followed by the name of the river. Aberdyfi – the mouth of the Dyfi river.

Afon - River

Betws – Derived from Bede House, a place of worship

Bryn – Hill

Caer – Fort, usually followed by a distinction. Caernarfon – Caer yn Arfon, A Fort in Arfon

Craig - Rock

Cwm – Glacial valley

Dôl - Meadow

Dyffryn - U-shaped Valley

Eryri – The name for Snowdonia, Eryri was a strong hold for the Princes of Gwynedd. Means upland or high place

Glan – Shore, this can be the seashore, or the banks of a river or lake.

Llan – Parish – this is usually followed by the name of the Saint the local Church is dedicated to. Llanberis – Parish of St Peris

Llyn - Lake

Moel/Foel - Bare Hill

Mynydd - Mountain

Nant - Stream

Pen – The head

Pont – Bridge

Yr Wyddfa – The Welsh name for Snowdon. Meaning the barrow or the burial ground.

