BOOKING FORM 2014
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To be completed by each participant as well as a Booking Form. Please post or scan back to the address below or info@raw-adventures.co.uk

EVENT DETAILS
Event Name
Event Date
Event Price
Full Name
Address
Postcode
Home Telephone
Mobile Telephone
Email
Gender
DOB
Emergency Contact Name
Emergency Contact Phone
Emergency Contact Mobile

FITNESS/EXPERIENCE
Previous Relevant Experience
How would you describe your fitness level? (please circle)
Poor / Unfit / Average / Fit / Very Fit

DIETARY REQUIREMENTS

PLEASE ANSWER THE FOLLOWING QUESTIONS:
1. Has your doctor ever said you have heart trouble?  YES / NO
2. Have you ever had pains in your chest?  YES / NO
3. Do you often feel faint or have spells of dizziness?  YES / NO
4. Has a doctor said your blood pressure is too high?  YES / NO
5. Has a doctor said that you might have bone or joint problems, such as arthritis, that has been aggravated by exercise or might be made worse with exercise?  YES / NO
6. Have you been in hospital in the last 3 years?  YES / NO
7. Are you currently taking any medication? (see Question 12)  YES / NO
8. Are you Pre/Post natal?  YES / NO
9. Do you suffer from asthma, or breathing difficulties?  YES / NO
10. Do you suffer from diabetes, epilepsy or a mental disorder?  YES / NO
11. Do you suffer from an allergy?  YES / NO
12. If ‘Yes’ what medication do you take and reasons why (see question 7)?
13. If you have answered ‘Yes’ to one or more questions – please provide details and dates (on separate sheet if necessary):

If you have not recently done so, consult with your doctor before engaging in increased/mountainous physical activity and tell your doctor which questions you answered yes to. If in any doubt, seek your doctor’s advice as to your suitability for engaging in the activity weekend described.

CONT’D
INFORMED CONSENT/LIABILITY WAIVER

Please read the following before signing:

In consideration of being allowed to participate in the activities of RAW Adventures Mountain Activities Ltd (RAW) and to use the facilities and equipment owned and/or under the control of RAW, in addition to the payment of any fee or charge, I do hereby waive, release and forever discharge RAW from any and all responsibility or liability for injuries or damages resulting from my participation in any activities or my use of equipment or facilities in the above mentioned activities. I understand and I am aware that mountain walking and outdoors activities are potentially hazardous activities. I also understand that mountain walking and outdoors activities can involve a risk of injury and even death, and that I am voluntarily participating in these activities and using equipment and facilities with the knowledge of the dangers involved. I hereby agree to expressly assume and accept all and any risks of injury or death. I am aware that I have the right to request advice from any of the RAW Leaders, at any time, in relation to the activities being undertaken and, but not exclusively, their suitability for me, with particular regard to my health and clothing. If I choose not to take advice, or to disregard any advice so given, I do so voluntarily and accept liability for all resulting injuries or damage. I do hereby declare myself to be physically sound and suffering from no condition, impairment, disease or infirmity or other illness (other than those declared on the attached medical questionnaire) that would prevent my participation or use of equipment or facilities except as herein stated. I acknowledge that I have either had a physical examination and have been given my doctor's permission to participate, or that I have decided to participate in activity and use of equipment without the approval of my doctor and do hereby assume all responsibility for my participation and activities, and utilisation of equipment in my activities. In addition RAW cannot accept responsibility for valuables left in Leaders’ vehicles.

I consent to my personal contact details (name and phone number/s) to be circulated to the appropriate leader/staff team within RAW. I also consent to the contact details of my Next of Kin (name and phone number/s) to be used by the appropriate leader/staff team within RAW if necessary.
TERMS AND CONDITIONS 2014
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Please read prior to signing/submitting the Booking Form. Please retain for your reference.

1. The event is operated by RAW Adventures Mountain Activities Ltd (RAW). Our Head office is at Llys Awel, Nant Peris, Caernarfon, Gwynedd, LL55 4UE. Company Registration 07170551.

2. To make a firm booking you must complete and sign the Booking Form, complete with answers to all questions. A non-refundable deposit of 30% of total cost is payable upon booking. The remaining balance is due 6 weeks before departure date. In the event that the balance is not paid we will treat the booking as cancelled by you. These Booking Terms and Conditions only come into effect when your first payment (deposit or full payment) has been received and a receipt has been received by you. If the event is due to take place in less than 6 weeks, full payment is required.

BACS Payments can be made to:

HSBC – RAW Adventures Mountain Activities Ltd
Sort Code: 40-31-06
Account: 72442329

3. CANCELLATION BY CLIENT (You)
All cancellations must be in writing or by email. You will be charged the following cancellation fees:

• The cost of the deposit will not be returned plus 30% of the event cost

• Full cost of the event if the event is due to take place within 6 weeks

4. CANCELLATION BY RAW
Whilst every attempt is made to ensure that planned events actually run, RAW will notify you of cancellation as soon as practicable where it believes on reasonable grounds that cancellation is necessary due to dangerous and/or unsuitable conditions for the event activity. In the event of cancellation you will be offered the choice of the following options:

• Full refund of the event fee paid

• The exact same event on different dates or an alternative event but equal to monies paid

5. Advice is given on matters such as equipment selection, medical and fitness requirements—but it remains the responsibility of the individual to make such necessary arrangements as advised.

6. By signing the Booking Form, you are agreeing to meet with our minimum Kit and Equipment requirements for safe participation in the event and the disclosure of all medical/health matters that could potentially affect your participation in the event in an adverse way.

7. Mountain walking is an inherently hazardous activity. Whilst on your trip, you undertake to follow the instructions given to you by your leader. Their decisions are at all times final. If you do not follow the leader’s instruction, and your behaviour is considered dangerous to yourself or the rest of the group, or irresponsible, then you may be requested to leave the event, with no cost penalty to RAW.

8. Inherent in this event is the possibility that your clothing or equipment may suffer some damage. Equally you may experience minor injury (scratches, grazes, twisted ankles etc) - these minor injuries and property damage are an unavoidable component of the type of events that RAW operates. In signing the Booking Form you are acknowledging your understanding in this matter.

9. Alterations in the event itinerary may be caused by rapidly changing weather patterns and environmental conditions or participant fitness. Hence minor alterations to the itinerary are common. At all times, your leader will attempt to perform the event as faithfully as is reasonably possible. At all times, safe performance of the event is considered before completing the itinerary at any cost. The leader’s decision is always final in this context.

10. You should be covered by Travel Insurance before joining the event. This is your responsibility to organise appropriate cover. Make sure that you are covered for activities included. Also make sure you are covered for you having to cancel the event.

11. RAW’s responsibility for you on the event begins at the designated Meet Point on your event itinerary. RAW takes no responsibility for getting you to the beginning of the event.

12. RAW or RAW representatives may request to see your insurance documents at any time.

13. By signing the Booking Form, you consent to RAW using any media (including photographs and/or video footage) made of you during the event which may or may not encompass intellectual property rights belonging to you and that these images may be used by RAW for publicity and training purposes including, but not limited to, in brochures, websites, marketing material and in the media. If you do not wish for your image to be used you must inform RAW, in writing, at the time of agreeing to these terms.

14. By signing the Booking Form you consent to your contact information being held by us. This information will not be passed on to third parties. RAW will use this information to keep in touch by newsletter and email.

15. By signing the Booking Form you agree to the above set out Booking Terms and Conditions.

END OF BOOKING TERMS AND CONDITIONS